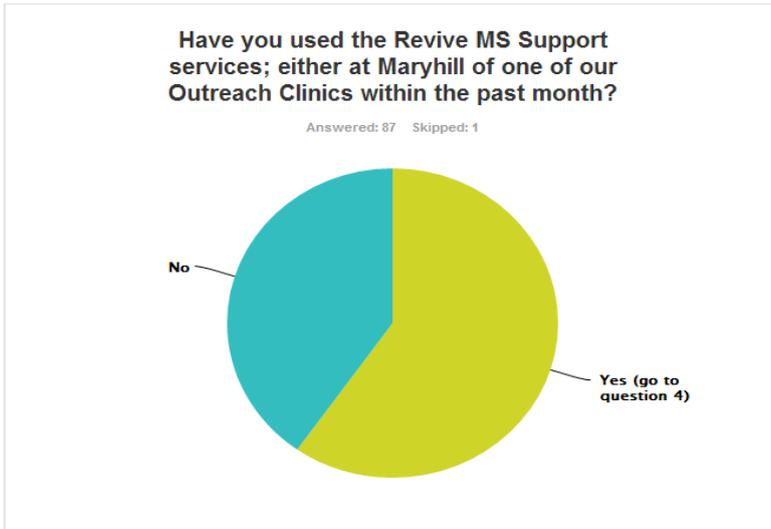
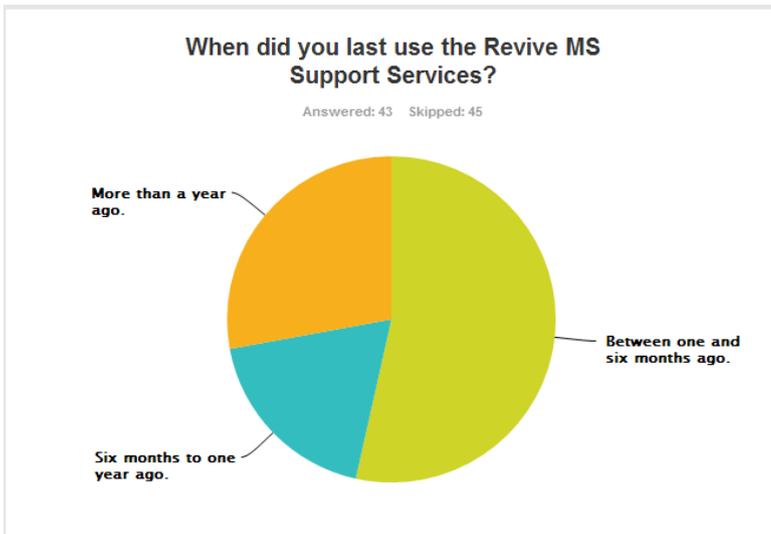


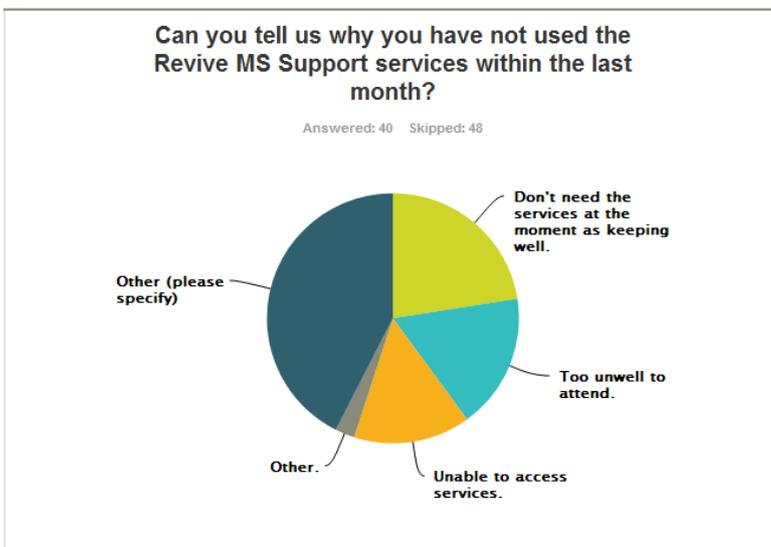
Q.1



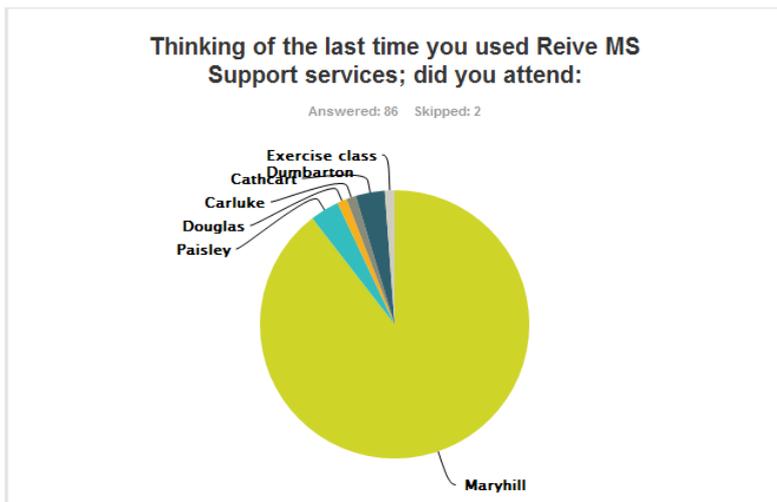
Q.2



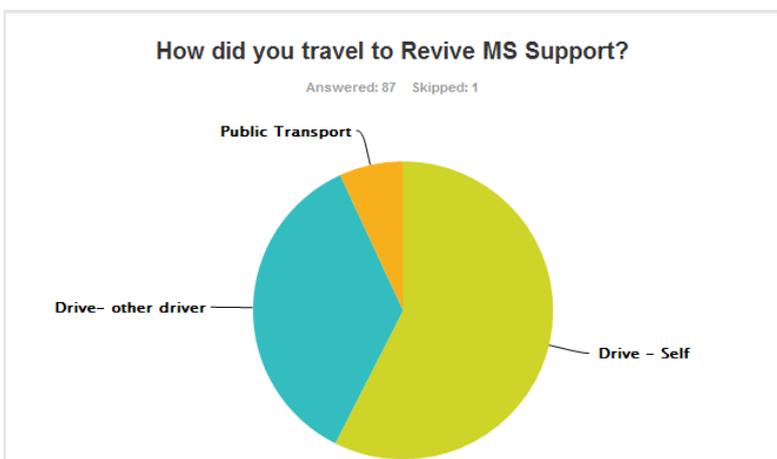
Q.3



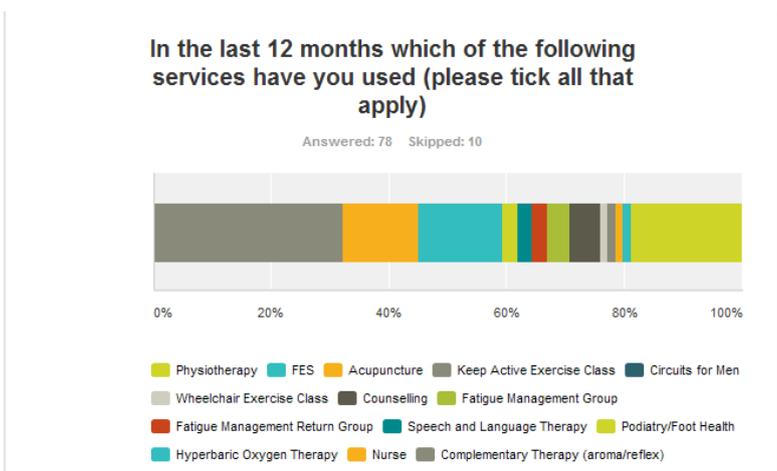
Q.4



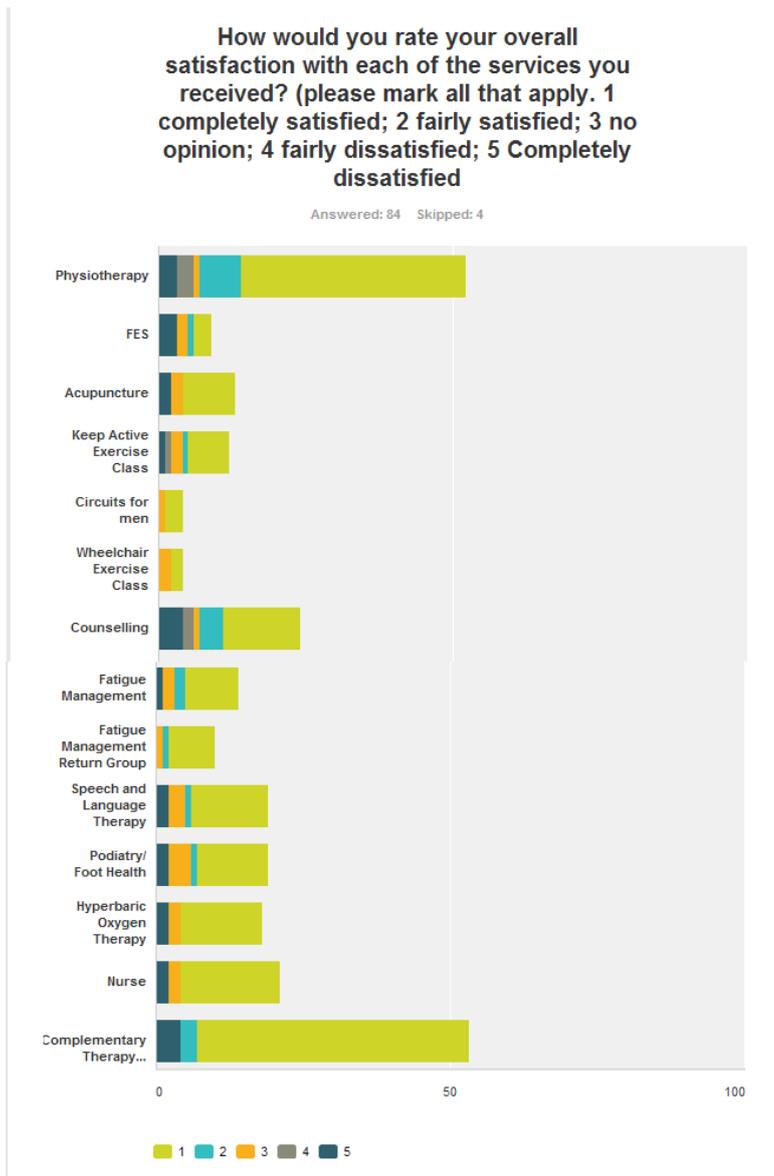
Q.5



Q.6



Q.7



Q.8

Are there any services which you feel Revive MS Support ought to provide for people with MS? (Answered: 30; Skipped: 58)

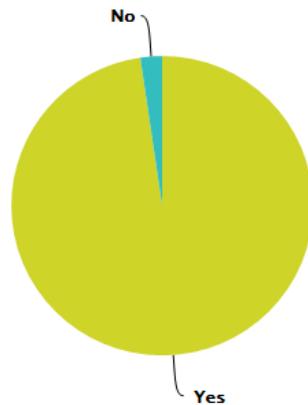
1. massage
2. I think you have a fantastic range of services that is tailored to all with varying symptoms. Perhaps more evening appointments would be good and maybe a newbie / recently diagnosed group to share experiences and offer support for those who aren't as disabled yet by the illness.
3. Respect and ask your attendees. Too late for me.
4. group outings/ group activities
5. I think most areas are covered
6. Benefits advice. Perhaps have an occupational therapist give a seminar on aids etc. have seminar on up to date treatments. Put up a list of services/ groups available in revive. Would be wonderful if there could be an exercise session at a swimming pool.

7. I don't know
8. Some evening services for people who are working. E.g. I would have liked to continue yoga and/or Pilates after returning to work or have an after work aroma session.
9. The only thing I could suggest is benefits assistance. I have met people in hospital etc who don't know what they are entitled to.
10. Benefits advice, especially at this time going through this Welfare Reform. Podiatry/ foot health is greatly missed @ Maryhill
11. i would like some classes were you learn to knit or cook or make something or even some training with 1st aid
12. nothing I can think of at the moment
13. Would like more social input which has occurred very recently with lunch at the antipasti on bath street
14. Dietitian for advice on foods good and bad for MS sufferers.
15. Working more closely with therapists those at Southern General as they tend to deal with many of the same patients - for consistency. May also open revive to more different patients - which may keep staff interest and increase money base to revive.
16. How about meet up sessions within the same group of MS types patients
17. I miss the transport. Used to have a lovely driver called Jim who picked me up and, brought me home again. This gave my wife a well-deserved rest.
18. Family/friend support options
19. More access to physio Informal access to nurse
20. Group Sessions So You Don't Feel Alone. When Your First Diagnosed Its Hard But Not As Hard As Having An Episode. This Feels Like Your First Diagnosis all Over Again Because Of new symptoms Or Old Ones. its The Feeling Of Loneliness Is Hard Due To People close Not Understanding..
21. No
22. Maybe linking young people to each other
23. Talks too the family as too the disease how it effects the person and what too except in the future
24. Electromagnetic therapy
25. I'm trying to get back on the gents circuits although this is now too busy and not available to me
26. shopping trips
27. Think you have it covered
28. I would love it if you could find someone to be able to lead a Tai Chi class again. I found it very relaxing and it also helped with mobility - double bonus!
29. None that I am aware off

Q.9

Would you recommend the services at Revive MS Support to other people affected by MS?

Answered: 86 Skipped: 2



Thank you for taking the time to complete this questionnaire. Do you have any additional comments on your experience of using Revive MS Support's services? Answered: 41; Skipped: 47

1. All staff are extremely friendly and helpful. The tea/coffee offered on arrival helps relax and makes me feel welcome. Revive has made living with MS easier.
2. Thank you for the support I have previously received and keep up the good work!! Every member of staff I interacted with on the 5 visits to the Maryhill centre was positive and welcoming - it was like a wee family; they remembered your name and previously discussed conversations, certainly made me feel at ease and comfortable when I had just been diagnosed and was just finding myself again.
3. Will never be back. Goodbye!
4. FANTASTIC SERVICES & GREAT STAFF
5. Sometimes need more seats when busy. More fundraising events.
6. It has always been a positive and pleasant experience.
7. Keep up the Good Work! Thank You!
8. Found all the staff very nice in Maryhill
9. Brilliant job well done
10. Lovely people involved :)
11. Just one thing - and even then I have mixed feelings about this. As someone coming from a strong science-based-scepticism background, I am - in all areas of life with a chronic disease, not just Revive - quite disappointed with an emphasis on alternative therapies which are proven not to work beyond placebo. I stress that my feelings are mixed as I do meet people who benefit from these treatments, find them relaxing, etc. But I wonder what could be stressed to new patients who are offered such treatments.
12. The help you receive is fantastic
13. used Revive at St Johns church Hamilton
14. Great personnel and equipment, Always made welcome, a great facility for ms'ers.
15. just that its fantastic i have only been going for a couple of months as i was only diagnosed in February

16. Just keep up the good work. Much appreciated. x
17. It is a wonderful facility, hopefully here for a long time to come. (unless they find a miracle cure !)
18. No - I hope to return soon.
19. Always feel very comfortable in Revive, staff very helpful and knowledgeable and the services offered are excellent
20. I'd like to thank every single person who was involved direct or indirectly in my care. Good job, all!!!
21. Would be helpful to have an exercise class and counselling available to people in the area where I live. Public Transport to Revive requires 2 changes of buses or trains and it would cost around £25 by taxi to access services. I live in North Lanarkshire. Near to central belt.
22. Always very welcoming and supportive. Also good support for family
23. Please keep up the good work that you all do. THANK YOU
24. In the past we were assured if no local service, we would have transport to Maryhill. What happened to service previously at Dumbarton?
25. I would love to attend more, but I work full time and getting to appointments is difficult. I would welcome later opening hours. Also, many of the services are difficult to make appointments for because they are well subscribed. I would like some services that focus more on staying well to continue working. I'd like to attend fatigue management, but can't because of the times - would it be possible to have a telephone support system, where I could talk to others in my situation and get their advice and support?
26. Revive was a lifeline when I was first diagnosed. The help and support that I received was invaluable. Many thanks.
27. It's reassuring known that Revive is there for me.
28. Love Doing All the Sponsored Stuff and Hope And pray That if Anyone I Know Gets MS Then Revive Will Be Around For Them. Revive Is A Family To Me so The Least I Can Do Is Raise As Much Money As I Can
29. No
30. i really appreciate all that revive does for me and i would like to say a huge thanks to all the staff who are so friendly and helpful.
31. Very friendly staff and a welcome cup of tea
32. It's a shame that while attending the outreach centres not all the services are available.
33. Everyone does a great job. Much appreciated0
34. HIGHLY RECOMENDED. ALL WONDERFUL PEOPLE TAKING CARE OF US. THANK YOU.
35. I am grateful for the help that I have received from Revive!
36. great place have helped me when i thought i would never have a life again
37. Hopefully will get back to Maryhill soon
38. Question 6 didn't allow me to tick any more than one item
39. I attend the Hamilton Outreach it was not on your list so ticked Maryhill
40. Your services are invaluable, allowing me to get out into a supportive, caring and fun environment which is not available in any other venue. Thank you for being there for such a lot of needy people.
41. Just a huge THANK YOU to all at Revive x